

The invention refers to the bio-organic chemistry, namely to a process for obtaining of furostanolic glycosides and may be used in agriculture for stimulating germination of seed.

Summary of the invention consists in that it includes treatment of the *Physalis leguminosa* L. seeds with 4% HCl solution during 30 min, removal of the liquid and washing with water. The extraction of glycosides is carried out with the 50% methanol. After evaporation the obtained dry residue is dissolved in ethanol, and precipitation of the final product is carried out with acetone.

The result of the invention consist on increasing the output of the final products.